

Moderate Risk Conditions in Pregnancy: Refer to OB-Gyn

Conditions to be managed by Family Medicine providers with additional training in maternity care are marked with an asterisk (*).

- **Chronic medical or psychological conditions. Conditions marked with an asterisk (*) may be managed by a Family Medicine provider with maternity specialty training:**
 - *Hypothyroidism - replaced
 - Chronic hypertension, controlled without meds
 - Anemia (Hct < 28%)
 - Extensive vulvar/vaginal condylomata
 - Psychiatric condition on medications
 - Drug or alcohol abuse
 - Obesity with BMI > 40

- **Historical risk factors**
 - History of uterine malformation or significant leiomyomata
 - History of preterm labor or preterm delivery
 - *History of a macrosomic baby (birth weight > 4500 grams)
 - *History of gestational diabetes in a prior pregnancy
 - *History of cesarean delivery (must attempt to obtain operative report)
 - History of myomectomy (must attempt to obtain operative report)
 - Prior fetal anomaly or chromosomal abnormality {consultation with reproductive genetics can be considered sufficient if no maternal medical implications}
 - History of bariatric surgery with a restrictive procedure

- **Current pregnancy risk-factors**
 - *History of prior ectopic pregnancy without confirmation of an intrauterine pregnancy in the current pregnancy {please consider urgent/emergent referral if abdominal pain or other signs of ectopic pregnancy}.
 - Hyperemesis beyond 1st trimester
 - Vaginal bleeding beyond 1st trimester
 - Significant or persistent proteinuria, as defined by > 300 mg on a 24-hour urine collection or by +1 protein or higher on urinalysis twice or more in the absence of another etiology.
 - Herpes, active lesions beyond 36 weeks gestation
 - Dichorionic diamniotic twin gestation
 - History of preterm labor in the current pregnancy
 - *Suspected fetal growth restriction
 - Placenta previa after 28 weeks
 - *Post-term (> 40 weeks) in the current pregnancy (MFAC appointments can be considered a sufficient OBGYN consultation if this is the only moderate-risk condition)
 - Non-cephalic fetal presentation any time after 34 weeks
 - *Large-for-gestational age fetus on ultrasound

High-Risk Conditions in Pregnancy **Refer to MFM**

- **Chronic medical or psychological conditions**
 - **Asthma, moderate persistent or severe**
 - **Cardiac disease – any evidence or concern for structural or arrhythmic disease**
 - **Epilepsy**
 - **Chronic hypertension, severe**
 - **Hemoglobinopathy**
 - **Hepatitis B or C with detectable viral load**
 - **HIV infection**
 - **Hyperthyroidism**
 - **Morbid obesity with BMI >50**
 - **Pulmonary disease, severe**
 - **Psychiatric medications with polypharmacy (>1 medication)**
 - **Renal disease or renal transplant**
 - **Requirement of anticoagulation**
 - **Sickle cell anemia**
 - **Suspected tuberculosis**
 - **Systemic lupus erythematosus**
 - **Thrombocytopenia**
 - **Any other severe medical or psychological condition**

- **Historical risk factors**
 - **History of cervical insufficiency**
 - **History of asthma with intubation or oral steroid use within the pregnancy**
 - **History of thromboembolism**
 - **History of stillbirth**
 - **History of prior growth restricted baby**
 - **Family history of genetic disease {Reproductive genetics consultation may be sufficient, if there are no maternal medical ramifications.}**
 - **History of recurrent early pregnancy loss.**
 - **Prior 2nd trimester fetal loss - please prioritize early referral (<12 weeks)**

- **Current pregnancy risk-factors**
 - **Monochorionic diamniotic twins**
 - **All gestational and pregestational diabetes**
 - **Isoimmunization**
 - **Cervical shortening detected on transvaginal ultrasound**
 - **Growth restriction in the current pregnancy**
 - **Polyhydramnios or oligohydramnios in the current pregnancy**
 - **Abnormal placental implantation with bleeding**
 - **Placenta accrete spectrum – suspected or confirmed**
 - **Complicated twin gestation or higher multiple gestation**
 - **Fetal anomaly or genetic disease in current pregnancy**
 - **TORCH/suspicion of intrauterine infective process**
 - **Any other complex maternal or fetal condition**