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## Lamaze International's Must-Read List

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and the Lamaze International Education Council Governing Body

Following are the articles and publications from 2001 (as well as one from late in 2000 and one excellent rebuttal that was published in 2002) that Lamaze International's Education Council Governing Body most recommends for childbirth educators. After each citation, the PubMed identification number (PMID) is provided. Go to PubMed's Web site ([www.ncbi.nlm.nih.gov/pubmed/](http://www.ncbi.nlm.nih.gov/pubmed/)) and type in the ID number to pull up the abstract of the article. Some articles are not indexed in PubMed.

### Defining, Promoting Normal Birth

- Chalmers, B., & Porter, R. (2001). Assessing effective care in normal birth: The Bologna score. *Birth*, 28(2), 79–83. PMID: 11380378
- Johanson, R., & Newburn, M. (2001). Promoting normality in childbirth (editorial). *British Medical Journal*, 323, 17 November, 1142–1143. PMID: 11711387  
*No abstract is available; however, BMJ is online: <<http://bmj.com/>>. You can do a search and print off a full copy of this excellent editorial.*
- Lothian, J. (2001). Back to the future: Trusting birth. *Journal of Perinatal and Neonatal Nursing*, 15(3), 1–14. PMID: 11785575
- Lowe, N. K. (2000). Self-efficacy for labor and childbirth fears in nulliparous pregnant women. *Journal of Psychosomatic Obstetrics & Gynecology*, 21, 219–224. PMID: 11191169
- Nancy Lowe will be a keynote speaker at the 2002 Lamaze International Convention in Pittsburgh (September 27–29). Her excellent article on the nature of

*labor pain will be included in the proceedings from the Pain Conference to be published in a supplement to the American Journal of Obstetrics & Gynecology in the spring of 2002. In the above article, Dr. Lowe explores the importance of confidence in reducing childbirth fears.*

Lamaze International. (2001). *Position paper: Lamaze for the 21st century*. Washington DC: Lamaze International. Print a copy off the Lamaze Web site: <<http://www.lamaze.org/2000/Pdf/lamaze21st.pdf>>

Righard, L. (2001). Making childbirth a normal process (editorial). *Birth*, 28(1), 1–4. PMID: 11264621 (no abstract available)

### The VBAC Controversy

- Lydon-Rochelle, M., Holt, V. L., Easterling, T. R., & Martin, D. P. (2001). Risk of uterine rupture during labor among women with a prior cesarean delivery. *New England Journal of Medicine*, 345(1), 3–8. PMID: 11439945
- Greene, M. F. (2001). Vaginal delivery after cesarean section—Is the risk acceptable? (comment). *New England Journal of Medicine*, 345(1), 54–55. PMID: 11439949
- Do not stop after reading this flawed study and inflammatory comment. Read the following excellent rebuttals:*
- Goer, H. (2001). Is vaginal birth after cesarean risky? Print off the Web: <<http://www.parentsplace.com/pregnancy/labor/gen/0,,264115.html>>

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MacCorkle, J. (2002). Fighting VBAC-Lash—Critiquing current literature. *Mothering Magazine*, January-February, 58–66.

### Induction

Alexander, J., McIntire, D., & Leveno, K. (2001). Prolonged pregnancy: Induction of labor and cesarean births. *Obstetrics & Gynecology*, 97(6), 911-915. PMID: 11384695

*Although the publication of this underpowered study resulted in headlines that stated that induction does not cause cesarean, you will draw a different conclusion from reading this study. Two groups of women who had already reached 41 completed weeks of pregnancy were compared: one group that went into labor spontaneously (after reaching 41 completed weeks) versus a group of women who were induced at 41 6/7 weeks of pregnancy.*

Lamaze International. (2001). *Recommendations from Lamaze—Induction*. Washington, DC: Lamaze International. Print off the Web: <<http://www.lamaze.org/2000/Pdf/Induction.pdf>>

Lothian, J. (2001). Commentary on Lamaze International's statement on induction. *Journal of Perinatal Education*, 10(2), viii–ix.

### Maternal Hormones/Breastfeeding

Matthiesen, A., Ransjo-Arvidson, A., Nissen, E., & Uvnas-Moberg, K. (2001). Postpartum maternal oxytocin release by newborns: Effects of infant hand massage and sucking. *Birth*, 28(1), 13–19. PMID: 11264623

Kennell, J., & McGrath, S. (2001). Commentary (on above study): What babies teach us: The essential link

between baby's behavior and mother's biology. *Birth*, 28(1), 20–21. PMID: 11264624

### Evidence-Based Practice

Alliance for Transforming the Lives of Children (aTLC). (2001). Blueprint for transforming the lives of children. *Journal of Perinatal Education*, 10(4), vi–50.

Enkin, M., et al. (2001). Effective care in pregnancy. *Birth*, 28(1), 41–51.

Kardong-Edgren, S. (2001). Using evidence-based practice to improve intrapartum care. *Journal of Gynecological and Neonatal Nursing*, 30(4), 371–375. PMID: 11461020

Lothian, J. (2001). Really teaching Lamaze: Evidence-based practice. *Journal of Perinatal Education*, 10(1), viii–xi.

### Consumer Advocacy

Coalition for Improving Maternity Services. (2001). Are your birth classes mother-friendly? Ponte Vedra Beach, FL: CIMS. (Print off of the Lamaze Web site: [www.lamaze.org](http://www.lamaze.org))

Young, D. (2001). Violating “The Code”: Breastfeeding, ethics, and choices. *Birth*, 28(2), 77-78. PMID: 11380377

### For Fun

Strandberg, T., Jarvenpaa, A. L., Vanhanen, H., & McKeigue, P. M. (2001). Birth outcome in relation to licorice consumption during pregnancy. *American Journal of Epidemiology*, 153(11), 1085–1088. PMID: 11390327

*Heavy consumption of licorice during pregnancy may result in the baby coming 2 1/2 days early.*